



# Niagara District Masters Swimming 2013 Swimmer Registration



The Niagara District is the Local Masters Swimming Committee (LMSC) of United States Masters Swimming (USMS), and one of the three LMSC encompassing New York State. We include the 24 counties from Buffalo and Niagara Falls south to Olean and Jamestown and east to Syracuse and Binghamton. Over 50,000 swimmers are registered nationally with approximately 500 in the Niagara District.

Masters swimming is open to all athletes, **regardless of swimming ability**. Our primary goal is to provide an enjoyable opportunity to improve overall fitness and swimming skills.

Those wishing to gauge their progress, and enjoy the camaraderie of Masters swim meets, compete in 5-year age/sex divisions

starting with 18-24 and continuing through 100+.

Competitions are held in 25 yard, 25 or 50 meter pools or in open water. As a registered Masters swimmer, you are also eligible for Top 10 ranking at national and international (FINA) levels. Yearly registration is required to participate and includes a subscription to **USMS SWIMMER**, our national magazine.

Equally important is the insurance coverage it provides our members **at practices supervised by USMS/USA certified coaches** when all swimmers are USMS registered, as well as at all USMS sanctioned and recognized activities.

*To register, complete the form below.*

By default, members who register for U.S. Masters Swimming through Niagara LMSC represent the district as a club (NIAG) when competing. You may choose to represent different club if it is registered (see below list), or you can be Unattached (UNAT). There is an alternate designation for workout groups, which you may associate with, if you do not belong to a registered club. A workout group is typically an active swim program or a group of friends that swim together. The organizers of meets often like to identify such groups. If you are in one of these groups, please check the box. If you swim alone, please check nothing

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| <input type="checkbox"/> <b>BUMS-</b> Binghamton Univ Masters ( <b>Registered Club</b> ) | <input type="checkbox"/> <b>NAZR-</b> Nazareth Masters Swim Club     |
| <input type="checkbox"/> <b>MERC-</b> Mercury Aquatics ( <b>Registered Club</b> )        | <input type="checkbox"/> <b>HOPS-</b> Hamburg Orchard Pk Masters     |
| <input type="checkbox"/> <b>UNAT -</b> Unattached to any club                            | <input type="checkbox"/> <b>TONA-</b> Tonawanda Aq&Fit Masters       |
| <b>Workout Groups</b>  | <input type="checkbox"/> <b>RAMS-</b> Rochester Area Masters Swim    |
| <input type="checkbox"/> <b>SMSC-</b> Syracuse Chargers Masters Swim Club                | <input type="checkbox"/> <b>CDGA-</b> Canandaigua Sawbellies Masters |
| <input type="checkbox"/> <b>ITHY-</b> Ithaca YMCA Masters                                | <input type="checkbox"/> <b>CARP-</b> Univ of Rochester Masters      |
| <input type="checkbox"/> <b>NICK-</b> Nickel City Splash Masters                         | <input type="checkbox"/> <b>MMSC-</b> Maverick Masters Swim Club     |
| <input type="checkbox"/> <b>LIVP -</b> Liverpool Jets Masters Swimming                   | <input type="checkbox"/> <b>CORT-</b> Cortland                       |
| <input type="checkbox"/> <b>SKAN-</b> Skaneateles  | <input type="checkbox"/> <b>CYMS-</b> Corning YMCA Masters           |

**DUES \$43.00 (\$33 Sep 1- Oct 31)**

*Membership is valid through December 31, 2013*  
\$33 is for USMS , and \$10 for the Niagara LMSC

Last Name		First Name		Initial
Street Address			Club	<b>Niagara</b>
City, State, Zip		Home Phone		Work Phone
<b>Date of Birth (required)</b>	Age	Sex (circle) M      F	E-mail	

WAIVER- I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

**Signature (required)** \_\_\_\_\_ **Date** \_\_\_\_\_

Use of Image/Likeness : I grant permission to U.S. Masters Swimming and its affiliates to use my likeness and/or image in photographs, video, motion pictures, recordings, or any other record for legitimate purpose.

**If you coach Masters swimmers, check here:** \_\_\_\_\_ MACA/ASCA member: Yes No  
**Are you a certified official?** USA \_\_\_\_\_, YMCA \_\_\_\_\_, NFHS \_\_\_\_\_, NCAA \_\_\_\_\_ (please check appropriate box)  
 Type of registration: \_\_\_\_\_ New Member \_\_\_\_\_ Renewal of 2010 Registration # **040** - \_\_\_\_\_

\_\_\_\_\_ I wish to contribute \$1.00 (or \$ \_\_\_\_\_) to the International Swimming Hall of Fame Foundation.  
 \_\_\_\_\_ I wish to contribute \$1.00 (or \$ \_\_\_\_\_) to the United States Masters Swimming Foundation.

**( I have added these amounts to my 2013 registration fees.)**

Make your \$43 (+contributions) check payable to:  
**Niagara District Masters Swimming (NDMS)**

Mail to: **John E Pilger, Registrar**  
**2125 Masters Rd**  
**Marcellus NY 13108**