

USMS 2 MILE OPEN WATER NATIONAL CHAMPIONSHIP AND CANANDAIGUA SAWBELLIES ANNUAL OPEN WATER SWIMMING A Competitive One-Half, One & Two Mile Open Water Swim

DRAFT

DATE/TIME: TBA July or August 2009

CHIP TIMING: Each swimmer will be given a timing chip to wear on the ankle during the race to provide accurate times and finish places. Results will be available almost immediately.

LOCATION: Canandaigua, New York, Kershaw Park, Lakeshore Drive, North End of Canandaigua Lake
New York State Thruway Exit 44, South 8 miles, straight to Kershaw Park

ELIGIBILITY: Open to all USMS and CASA registered swimmers 18 and older as of July 18, 2009.
Annual USMS registration will be available at the beach for \$30.00 and single event USMS for \$10.

CONDITIONS: Since the safety of swimmers is of prime concern. The swimming event may be delayed or canceled due to bad weather. The Meet Director, Niagara Open Water Director and Ontario County Sheriff will make this decision. There will be no refund.

ENTRY FEE: \$25.00 Includes picnic and refreshments. \$30.00 After July ??, 2009. Awards for 1st, 2nd and 3rd place finisher, for each age group in each event. Free parking.

SCHEDULE: Registration 7:30-8:15 am, 8:15 am Mandatory Meeting for all Swimmers,
8:30 am start of 2-mile swim, 8:40 am start of 1-mile swim, and 8:50 am start of ½ mile swim. USA Youth Competition will follow completion of USMS meet (approximately 9:40 am). Picnic!!!!

RULES: The USMS Long Distance Rules as outlined in part 3 of the 2009 USMS Rule Book shall govern the events.

COURSE: Straight out and back one loop is 1 mile in distance, twice around for the Two Mile Swim, half way out and back for ½ mile swim. The Ontario County Sheriff will patrol the perimeter of the course.

Name _____ CASA/USMS # _____
Sex _____ Age _____ Date of Birth _____ Club (where you practice) _____
Telephone No _____ Club (from your USMS card) _____
Address _____

CHECK ONE: ½ MILE or 1 MILE or 2 MILE
INCLUDE: **PHOTOCOPY OF USMS REGISTRATION AND SIGNED WAIVER (BELOW)**
CHECK OR MONEY ORDER - MADE OUT TO CANANDAIGUA MASTERS SWIM CLUB
SEND ENTRIES TO: **Vern Hecker, Meet Director, 3452 Gehan Road, Canandaigua, New York 14424,**
(585) 394-4075 email: vhecker001@rochester.rr.com

WAIVER:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have no known medical conditions that would prevent me from participating in this event. I have consulted with my physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MEET, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OF LIFE, LIMBS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: THE MEET DIRECTOR, THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, AND ANY OTHER PERSONS PARTICIPATING AT THE MEET. In addition, I agree to abide by the rules of the meet. I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.

Signature of Participant _____ Date _____

Sanctioned by Niagara District Masters Swimming for USMS, Inc., Sanction Number: _____

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